Partnerships with families  
4th May to 8th May 2020

Dear Families,

As a part of the continuous improvement required by the National Quality Standard, this week we are:

* reviewing how our practices ensure each child’s comfort and meets their rest and relaxation needs. We are always happy to work with families in relation to children’s rest and care routines where this is consistent with our obligations under the education and care laws. Please feel free to discuss any of these issues with educators or the Nominated Supervisor.
* reviewing our **Rest, Relaxation and Clothing** Policy. A summary follows:

**Rest, Relaxation and Clothing Policy**

* The service will have a quiet and calm environment for rest and relaxation that enables educators to see, hear and closely monitor children at all times
* Educators will respond to the individual rest needs of each child, consider the activities children have participated in at school and engage with children about the benefits of rest and relaxation
* Educators will involve children in making rules and routines that promote children’s comfort and wellbeing
* Educators will respect and help maintain children’s privacy during toileting, dressing/undressing etc
* Educators will communicate with families about their child’s rest routines
* Children must be dressed in clothing that is suitable for the weather, can get dirty and allows free movement

There is a copy of the policy near the sign in/out sheet. Please take a moment to read it. We value any feedback you may have.

Nominated Supervisor