

Curriculum - Physical Activity Time Record

Fill out the time you provide active play in your service, then compare with children's physical activity requirements in the Physical Activity Promotion Policy.

Monday												
	7am	8	9	10	11	12	1	2	3	4	5	6pm
Tuesday												
	7am	8	9	10	11	12	1	2	3	4	5	6pm
Wednesday												
	7am	8	9	10	11	12	1	2	3	4	5	6pm
Thursday												
	7am	8	9	10	11	12	1	2	3	4	5	6pm
Friday												
	7am	8	9	10	11	12	1	2	3	4	5	6pm