

Hygiene Educators

NQS 2.1.2 Health practices and procedures

Name Educator 1	
Name Educator 2	
Name Educator 3	
Name Educator 4	
Name Educator 5	

E = Embedded I do that **ALL** the time

K = I know I need to do that, but I don't do it all the time

T = Please teach me how to do it or improve my understanding of why I need to do it.

Hand washing	ED1	ED2	ED3	ED4	ED5
Do you wash and dry your hands					
• before preparing, serving or eating food?					
• before giving medication?					
• before and after work?					
• before and after nappy changing and toileting?					
• after wiping a nose?					
• after handling animals?					
• Before and after using disposable gloves?					
Meals					
Do you stop children from sharing utensils?					
Do you stop children from eating food which has been handled unhygienically by another child?					
Do you stop children from eating food or using a utensil that's been dropped on the floor?					
Resources					
Do you consistently try to ensure children do not share mouthed toys?					
Do you put mouthed toys in a container for cleaning?					
Practices					
Do you always follow nappy changing, toileting and hand washing procedures?					
Do you make sure children always wash their hands					
• before and after eating or handling food					
• after touching their nose					
• after a nappy change and toileting (or do you wash young children's hands after nappy changing)?					
• after coming in from outside play?					
• after touching animals?					
Do you wash babies' hands as often as older children wash their hands?					
Do you make sure children never share dummies or toothbrushes?					
Do you always follow food safety procedures eg preparation, serving and storage?					
Do you make sure play dough is only used for one day's activities ie never used again the next day?					
Curriculum					
Do you consistently teach children how to reduce the spread of germs (eg by using tissues, covering their mouths, sneezing into their elbow)?					



Cleaning General					
Do you clean the Service throughout the day eg spills immediately cleaned, benches and tables wiped down?					
Do you adhere to cleaning schedules at all times?					
Do you use detergent and water to clean the service, then rinse and dry?					
Do you use fresh detergent and water every day?					
Do you clean using buckets or squirt bottles rather than spray bottles where possible?					
If using spray bottles (eg for disinfectant) do you spray into a cloth then wipe rather than spraying directly onto dirty surface					
Do you disinfect after detergent and water if surfaces have been (or may have been) contaminated with hazardous material (eg poo, urine, saliva, vomit or blood)?					
Do you use disposable gloves to clean poo, urine, saliva, vomit or blood?					
Do you include regularly clean ceiling fans, ventilation grills, light fittings?					
Cleaning Specific Facilities/Equipment					
Do you clean sandpits as soon as they're contaminated by animal or human poo, blood or other body fluids (refer Sand Pit policy)?					
Do you clean soiled cots by removing most of the soiling/spill with paper towels, placing soiled linen in a plastic lined, lidded laundry bin and cleaning soiled mattress with detergent and water?					
Do you carry soiled linen away from your body?					
Do you soak soiled linen to remove most of contamination, wash separately in hot water and detergent and dry in the sun (preferable) or on hot cycle in dryer?					
Do you wash your clothing or aprons daily with detergent and hot water?					
Do you vacuum carpets and mats daily?					
Illness					
Do you always exclude sick children from the service?					

Actions required

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