

# Relationships

Policy

Procedure

Practice

Reflection

Training

Families

Check

ROOM

## Most children need to be asked more than once

If you're feeling really challenged, count to three to settle yourself, and take a walk out of the room briefly. Then you are more likely to respond and not react (a hard one, I know!). Counting down from ten to one can

help everyone settle, and can be a game to play, **giving a child time** to respond to the request.

Practise straightening your shoulders and spine, opening your chest (your heart) to **be lovingly assertive**, just and fair.

Choose a word to signal change is required. It may be 'Listen', 'Stop', or,

when older, '**Not appropriate**', before explaining the appropriate behaviour. If this is done with consistency, the child will get the message.

Talk with other educators and see if you can follow the same process. If not do it your way and the others will follow what works.

