

Bullying prevention for schools

What we know

Bullying is an **ongoing** and **deliberate misuse of power** in relationships through **repeated verbal, physical and/or social behaviour** that intends to cause physical, social and/or psychological **harm**

Read the full definition at

<https://bullyingnoway.gov.au/WhatsBullying>

Bullying

is a challenging social issue

should be taken seriously

is dynamic and complex

involves students in varying roles in peer groups

can be reduced and prevented

can have lasting negative impacts

requires multifaceted approaches

needs individual and group level responses

Effective practices

Explicit teaching of **school values** and **positive behaviour**

Fostering a **positive school climate**

Integration of **social-emotional learning**

Proactive support and teaching of **practical strategies**

Whole school and **multifaceted** approaches

Involving students and families in bullying prevention and policy

Teaching **bystander strategies**

Being prepared with **effective responses**

Positive teacher-student relationships

Respect for students

Shared understanding of bullying

Appreciation for **students' perspective** about their social interactions

Consistent, calm and respectful responses

A focus on **lasting, positive solutions**

What works

Positive family relationships

Parenting that is **calm** and **firm**

Proactive discussions at home about bullying

Learning about **effective responses**

A focus on **lasting, positive outcomes**

Collaboration with the school

Read more about effective ways to prevent bullying at Bullying. No Way! bullyingnoway.gov.au

Sources can be found at: <https://bullyingnoway.gov.au/UnderstandingBullying/BullyingResearch/Pages/Research-for-schools.aspx>

BULLYING. NO WAY!