

Children need plenty of warning before you change their nappy



2.1.1 - Wellbeing and comfort

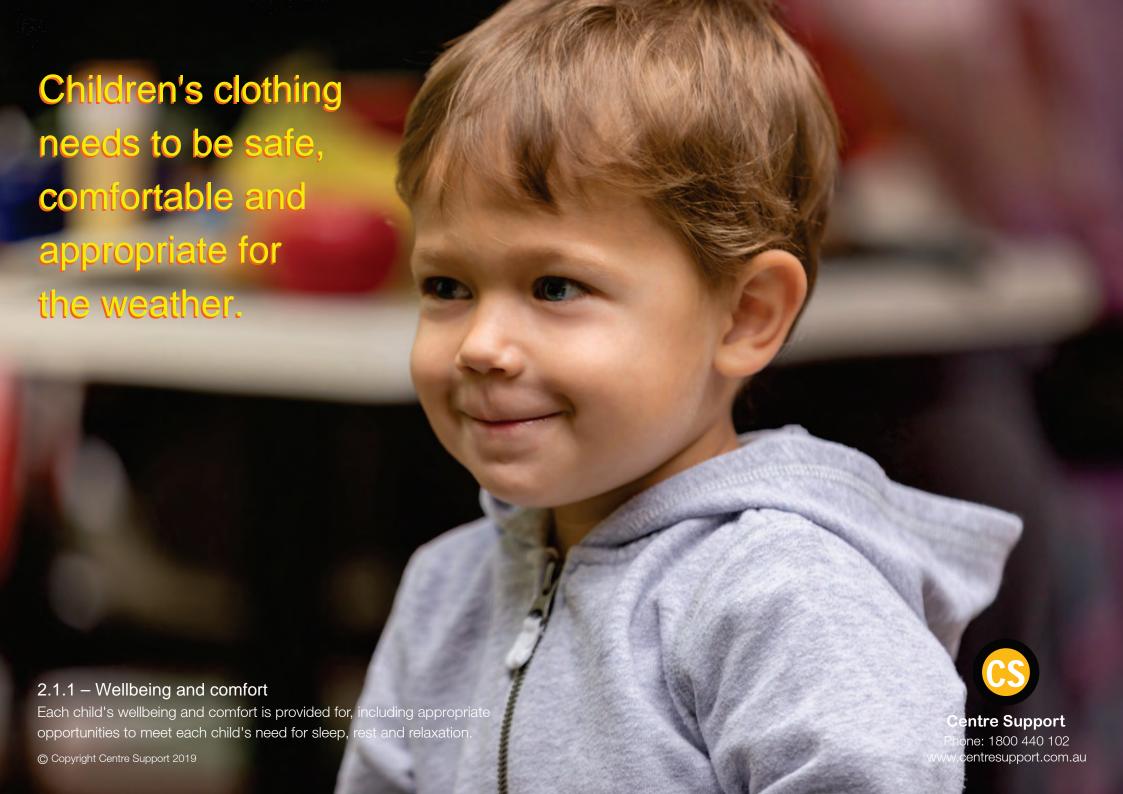
Each child's wellbeing and comfort is provided for, including appropriate opportunities to meet each child's need for sleep, rest and relaxation.

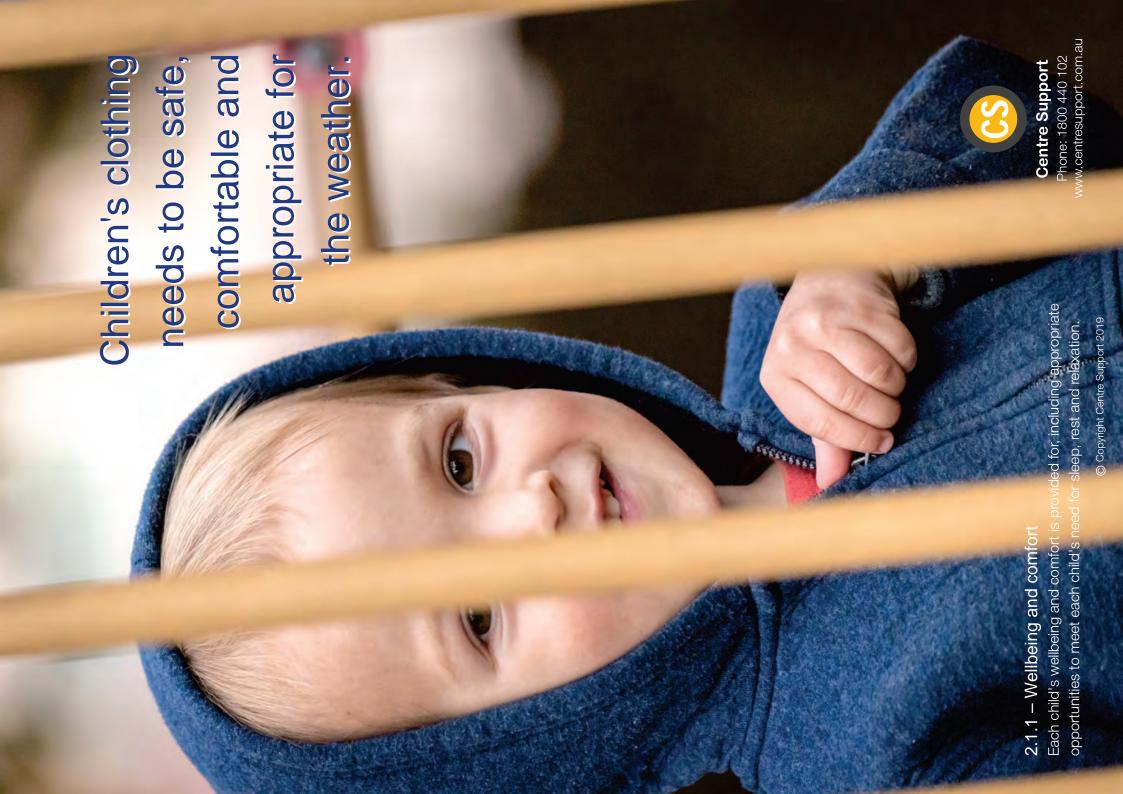














Rest practices need to be flexible for the child, not your routine





