**Curriculum - Physical Activity Audit birth to 1 year**

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| Child’s Name  Birth to 1 | Looks at visual stimuli on back eg mobiles, pictures | Plays peek-a-boo | “Reads” books | Touches different things eg hard, soft, squeezy, grass, leaves | Listens to different sounds eg rattles, paper, music | Practises movements like kicking, touching reaching for objects | Pulls up and stands/walks around furniture | Crawling eg through a tunnel | Tummy time |  |  |  |  |  |  |
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Use this checklist to track the different types of physical activity each child is involved in.