# **Health practices and procedures**

Week 29 – 12.9.22 Monday to Friday



## **Educational Leader**

Effective illness and injury management and hygiene practices are promoted and implemented.

**Looking at the element in detail** - A service reviewed what the NQF Guide said about element 2.1.2 and understood educators must model and implement:

- effective ways to manage children's illnesses and injuries
- infection control and hygiene procedures
- risk management approaches
- safe food practices (preparation, transport, storage).

This element covers a lot of different topics. We've picked a few points from each topic for you to reflect on in relation to your educators and educational program.

#### **Illness and Injuries**

Do all educators:

- advise parents asap
- complete incident/injury record properly and asap
- understand and report serious incidents within 24 hours
- understand Service first aid procedures and practices
- understand Service practices in relation to administering pain relief medication (see Administration of Medication Policy)?

#### Infection control

Do all educators:

- discuss and implement exclusion periods and practices with families eg refer to Infectious Disease Policy and Staying Healthy, provide families with relevant Staying Healthy fact sheets, tell families they must take sick children home, provide advice about length of exclusion and when medical certificate required
- isolate ill children from others if they may be infectious
- disinfect after cleaning if risk of infectious material
- include learning about germs and how they're transmitted in the program, and use 'teachable moments' to extend learning?

#### Hygiene

Do all educators:

- consistently model the hand washing, cough and sneeze practices etc they teach children
- clean dirty surfaces as soon as possible without waiting for scheduled cleaning time
- change soiled nappies outside of nappy change time
- complete cleaning and hygiene duties thoroughly and on time
- wear gloves when they may have contact with body fluids, and put them on/take them off correctly ie in ways that don't risk cross contaminating clean surfaces and clothes?

#### Risk management

Do all educators:

- stay alert to situations which may compromise Service hygiene and health practices
- take action to eliminate or reduce risks in those situations
- consider hygiene and health issues when organising group activities?

#### **Safe Food Practices**

Do all educators:

- understand the 4 hour/2 hour rule about timeframes for keeping perishable food at room temperature
- follow medical plan and risk minimisation requirements for children with food allergies/ anaphylaxis
- follow Service procedures for heating breast milk and formula eg never heating breast milk in microwave?

How will you support educators to effectively implement

element 2.1.2?		

#### Week 29, 12 - 16 September 2022 - 2.1.2 Health practices and procedures

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# **Policy Review**

#### **Health Hygiene and Safe Food Policy**

Policy contains practices/procedures on:

- hand washing including when to wash
- nappy changing and toileting
- cleaning spills of blood, urine, vomit and faeces
- dental accidents, hygiene and care
- safe and hygienic food preparation, transport and storage (eg temperature control)

Do you have any feedback or comments about these policies? Please include below.

- cooking with children
- birthday cakes and play dough
- sterilisation of bottles and dummies
- cleaning of environment, equipment and resources— eg cleaned with detergent and disinfected if contaminated with body fluids, daily cleaning of high contact areas.

Please note we have recently updated the dental accident section to reflect current advice that milk, sterile saline or person's saliva should be used to rinse and store any permanent tooth that's been knocked out. Do not use water. Updated policy will be issued shortly. Policy showing highlighted changes is included with weekly email. Please note the 'Sources' section of this policy includes State specific legislation which may not be relevant for your Service. We will issue updated Policy with a tailored 'Source' section to all Services shortly.

Educator's Name	Educator's Signature

Note we are now listing any Procedures which relate to the Policy reviewed. We have a comprehensive Procedure Pack (in addition to the procedures already included in the policies) which is currently part of our HR Toolkit. Please contact us on <a href="mailto:admin@centresupport.com.au">admin@centresupport.com.au</a> if you would like a quote for the Kit.

Procedure - Administration of Asthma Procedure - Bottle Cleaning Procedure - Cerebral Palsy Enrolment
Medication Procedure - Bottle Sterilisation Procedure - Child Safe

MedicationProcedure - Bottle SterilisationProcedure - Child SafeProcedure - Anaphylaxis EmergencyProcedure - Bottle FeedingProcedure - Cleaning

Procedure - Asthma Emergency Procedure - Bottle Warming Procedure - Cleaning Cots and Stretchers
Procedure - Bleach Preparation Procedure - Breast Milk Procedure - Cleaning High Chairs

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Procedure - Cleaning Toilets Procedure - Cleaning Toothbrushes

Procedure - Cleaning Toys

Procedure - Collecting and Handling Eggs Procedure - Cystic Fibrosis Enrolment

Procedure - Dental Accident Procedure - Diabetes Emergency

Procedure - Diarrhoea

Procedure - Dummy Cleaning Procedure - Dummy Sterilisation Procedure - Epilepsy Enrolment Procedure - Epilepsy First Aid Procedure - Epipen Administration

Procedure - Fever

Procedure - Food Preparation Procedure - Food Storage Procedure - Food Transport
Procedure - Fussy Eating
Procedure - Garbage
Procedure - Gloves

Procedure - Handwashing

Procedure - Head Lice Conditioner and

Comb Treatment

Procedure - Head Lice Insecticide

Treatment

Procedure - Head Lice

Procedure - Illness and Infectious

Disease Children

Procedure - Immunisation Record

Children

Procedure - Incident Children

Procedure - Infant Formula Procedure - Medical Conditions Procedure - Medical Emergency

Procedure - Play Dough Procedure - Potty Cleaning Procedure - Serious Head Injury Procedure - Serious Incident

Procedure - Spill Procedure Blood Urine

Poo and Vomit

Procedure - Teeth Cleaning

Procedure - Toilet Procedure (Educators

Assist)

### Week 29, 12 - 16 September 2022 – 2.1.2 Health practices and procedures