



Service Specific Safe Sleep Practices Nominated Supervisor

NQS Element 2.1.1 Wellbeing and comfort

Name of the person conducting the checklist: _____ Date: _____

Is it always clear who is responsible for the following and how/when? (If not implement systems to ensure it's clear eg room run sheets)

Cleaning cots, beds and linen	<input type="radio"/> Yes	<input type="radio"/> No	<input type="radio"/> NA
Ensuring the environment is comfortable and safe eg adequately ventilated, comfortable temperature, light enough to actively supervise and complete physical checks?	<input type="radio"/> Yes	<input type="radio"/> No	<input type="radio"/> NA
Physically checking sleeping and resting children in cot room	<input type="radio"/> Yes	<input type="radio"/> No	<input type="radio"/> NA
Actively supervising sleeping and resting children	<input type="radio"/> Yes	<input type="radio"/> No	<input type="radio"/> NA
Deciding that a particular child needs to be checked more often than every 10 minutes due to illness, additional needs etc and ensuring this happens	<input type="radio"/> Yes	<input type="radio"/> No	<input type="radio"/> NA
Recording children's sleep/rest times	<input type="radio"/> Yes	<input type="radio"/> No	<input type="radio"/> NA
What measures do you implement to ensure educators comply with Sleep and Rest Policy and Procedures and the sleep and rest environment is safe? These should be diarised where relevant so they're not overlooked. For example:			
Safe sleep practices, Sleep and Rest Policy and Procedures included in staff meetings	<input type="radio"/> Yes	<input type="radio"/> No	<input type="radio"/> NA
WHS/OHS checklists of sleep and rest environment and equipment regularly completed (how often?)	<input type="radio"/> Yes	<input type="radio"/> No	<input type="radio"/> NA
Safe sleep practices displayed	<input type="radio"/> Yes	<input type="radio"/> No	<input type="radio"/> NA
Supervision plans displayed	<input type="radio"/> Yes	<input type="radio"/> No	<input type="radio"/> NA
Daily ratio checks during sleep and rest periods	<input type="radio"/> Yes	<input type="radio"/> No	<input type="radio"/> NA
Spot checks of sleep and rest records and educators' physical checks of sleeping children	<input type="radio"/> Yes	<input type="radio"/> No	<input type="radio"/> NA
Safe sleep practices and sleep and rest policy included in induction training for permanent and casual educators	<input type="radio"/> Yes	<input type="radio"/> No	<input type="radio"/> NA
Beds and cots placed in a certain (documented) way to minimise risk of infection	<input type="radio"/> Yes	<input type="radio"/> No	<input type="radio"/> NA
Scheduled formal or informal training sessions	<input type="radio"/> Yes	<input type="radio"/> No	<input type="radio"/> NA

What do you need to consider or implement given the specific design of the Service, ages and needs of your children, experience of your educators and staff, culture and diversity of your families etc?

Actions required