



Exceeding the NQS

Section 6 - Exceeding – Embedded Practice

Assess your practice first.

Read the below description and evaluate it in relation to your practices.

Exceeding – Embedded Practice

Educators implement a **consistent** approach to behaviour guidance so each child is always supported to regulate their behaviour, respond appropriately to others' behaviour, and effectively resolve conflict. This includes responses to biting, bullying, exclusion, discrimination, learning activities about emotions, feelings, social skills, and assertiveness. Educators step in to prevent potential conflict or guide responses to conflict and mindfulness. We use meditation and yoga.

If you are doing similar practices to the example, use the below question to help you write your '**exceeding practice for embedded**' description so you can add it to your QIP or SAT (NSW only).

For **Exceeding** the QIP and Self-Assessment Tool (SAT)

Embedded Practice - Please explain how you and your team implement a **consistent** approach to behaviour guidance so each child is always supported to regulate their behaviour, respond appropriately to others' behaviour, and effectively resolve conflict.

If you and your educators need to learn how to achieve exceeding – embedded practice, proceed here and do below.

The following section outlines the steps to ensure you are exceeding in Embedded Practice. If you have already successfully completed the previous section demonstrating how you are exceeding in Embedded Practice, you do not need to complete this section.

Look at the words in detail to identify what is exceeding.

Please explain how you and your team implement a **consistent** approach to behaviour guidance so each child is always supported to regulate their behaviour, respond appropriately to others' behaviour, and effectively resolve conflict.

... your team implement a consistent approach to behaviour guidance ...

Educators need to start by following the same strategies and techniques when addressing behaviour. By maintaining consistency, we create a structured and predictable environment for the children. This approach helps them understand the expectations and promotes a sense of fairness and equity. Through open communication and regular training, we collaborate as a team to reinforce positive behaviour, address challenges, and provide guidance that is consistent and supportive for all children.

... child is always supported to regulate their behaviour, respond appropriately to others' behaviour, and effectively resolve conflict. ...

Educators provide children with the necessary tools and guidance to understand and manage their emotions. By fostering empathy and teaching them problem-solving skills, we empower children to respond to others' behaviour in a constructive manner. We also teach them conflict resolution strategies, such as active listening and finding mutually beneficial solutions. Through consistent support and guidance, we help children develop the skills they need to regulate their behaviour, interact positively with others, and navigate conflicts effectively.

Week 16, 29 May to 2 June 2023 – 5.2.2 Self Regulation

It is important to ensure that we make it **very clear how these above concepts have created change in your service.**

Please explain how you and your team implement a **consistent** approach to behaviour guidance so each child is always supported to regulate their behaviour, respond appropriately to others' behaviour, and effectively resolve conflict.

Clear Expectations: We establish clear behavioural expectations that are communicated consistently to all children. These expectations are age-appropriate and tailored to the developmental needs of each child. By setting clear guidelines, children understand the boundaries and know what is expected of them.

Positive Reinforcement: We use positive reinforcement to acknowledge and encourage desired behaviours. By providing specific praise and rewards for appropriate behaviour, we reinforce positive choices and motivate children to continue displaying those behaviours.

Role Modelling: Our team serves as positive role models for the children. We consistently demonstrate respectful and appropriate behaviour in our interactions with both children and other team members. We set an example for children to follow.

Emotional Regulation: We teach children strategies to regulate their emotions effectively. This includes techniques such as deep breathing, identifying emotions, and finding appropriate ways to express themselves. By providing children with these tools, we empower them to manage their emotions in a healthy manner.

Social Skills Development: We actively teach and reinforce social skills that promote appropriate behaviour and positive interactions. This includes skills such as active listening, empathy, problem-solving, and conflict resolution. We provide opportunities for children to practice these skills through structured activities and encourage their application in real-life situations.

Individualised Support: We recognise that each child is unique and may require individualised support. Our team maintains open lines of communication with children and their families to understand their specific needs and challenges. We work collaboratively with parents and caregivers to develop personalised

strategies that support the child's behaviour regulation, appropriate responses to others, and conflict resolution.

Consistent Communication: We ensure consistent communication among team members regarding behaviour guidance. This allows for continuity and a shared understanding of strategies being used. We hold regular team meetings and training sessions to discuss best practices, address challenges, and provide ongoing support for implementing consistent behaviour guidance approaches.

Your turn. Select a point from above and break it down into the subsections.

Please explain how you and your team implement a **consistent** approach to behaviour guidance.

Please explain how each **child is always supported to regulate their behaviour, respond appropriately to others' behaviour, and effectively resolve conflict.**

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