Partnerships with families
5 to 9 June 2023

Dear Families,

As a part of the continuous improvement required by the National Quality Standard, this week we are:

* ensuring we consistently meet each child’s physical and emotional needs, including those relating to rest and relaxation. We’re always happy to discuss these with families
* reviewing our Rest, Relaxation and ClothingPolicy. A summary follows:

**Rest, Relaxation and Clothing Policy**

* We will have a quiet and calm environment for rest and relaxation that enables educators to see, hear and closely monitor children at all times
* Educators will respond to the individual rest needs of each child, consider the activities children have participated in at school and engage with children about the benefits of rest and relaxation
* Educators will involve children in making rules and routines that promote their comfort and wellbeing
* Educators will respect and help maintain children’s privacy during toileting, dressing/undressing etc
* Educators will negotiate rest requirements with children, and communicate with families about their child’s rest routines where appropriate
* Children must be dressed in clothing that is suitable for the weather, can get dirty and allows free movement.

There is a copy of the Policy near the sign in/out sheet. Please take a moment to read it. We value any feedback you may have.

Nominated Supervisor