

2.1.2

Health Practices and Procedures

Week 18 – 12.6.2023
Monday to Friday



Checklist

Why are you doing the checklist?

The practices identified in the checklist are what the assessor needs to see you do so they can check you're 'meeting the NQS.' If there's something on the checklist that you're not doing, you need to adjust your practice to do it, or ask for help and training to implement it ie work with your educational/room leader who should teach/coach you how to do it. This process uses the **summative assessment process** from the **new EYLF and MTOP**. Educators review your achievements and capabilities at specified or selected timepoints. Please make a judgement about the path you are on to understanding the element.

The checklist keys to use.

E = Embedded I do that **ALL** the time

K = I know I need to do that, but I don't do it all the time

T = Please teach me how to do it or improve my understanding of why I need to do it.

Name Educator 1	
Name Educator 2	
Name Educator 3	
Name Educator 4	
Name Educator 5	

Health and Hygiene

Do you refer to the Staying Healthy publication when necessary for expert guidance on health and hygiene issues?					
Do you confidently implement all Service policies and procedures relating to the safe and hygienic storage, preparation and serving of food and drinks including breast milk?					
Do you confidently implement all Service health and hygiene policies and procedures including those covering cleaning of premises, equipment, and resources, toileting, nappy changing, hand washing, administration of medication, first aid, management of illness, injury and medical conditions, and exclusion periods?					
Do you ensure children's personal items like bedding, dummies, toothbrushes are stored hygienically without touching other children's items?					
Do you teach and role model hygiene practices like hand washing, cough and sneeze etiquette, dental hygiene and ear care?					
Do you discuss Service health and hygiene requirements and practices with families so they're familiar with Service practices and can implement relevant practices at home?					

Illness and Injury Management

Do you always group children in ways that reduce risk of illness and injury?					
Do you always respond quickly to signs of illness or injury in children in line with service policies and procedures?					
Do you always record information about illnesses and injuries and discuss with families in culturally sensitive ways as soon as possible and on the same day?					
Do you understand what's considered to be a serious illness and injury and make sure these are reported to the Regulatory Authority within 24 hours?					
Do you discuss health and safety issues with children and include them in making service rules that promote health and safety?					
Do you have all the immunisations recommended for staff?					
Do you always give families information about an illness their child may have or illness outbreaks eg Fact Sheets from Staying Healthy?					
Do you understand and confidently implement infection control procedures, including exclusion periods required under the Infectious Diseases Policy?					
Do you reflect critically by yourself and with your team about any injuries children suffer to improve practices or the environment where required?					
Can you confidently implement all children's medical management and medical risk minimisation plans?					
Do you always follow up any concerns about a child's health or wellbeing with your Room/Group Leader or Nominated Supervisor?					

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Effective illness and injury management and hygiene practices are promoted and implemented.



The EYLF and MTOP says. “Evaluation practices involve educators’ critical reflection on the effectiveness of their planning and implementation of curriculum for children’s learning as part of the planning cycle, both for and with children’. Pick one of the following reflection points to complete the table below:

- Which health or hygiene practices do educators have the most trouble getting families to comply with? Why might this be? What changes could be implemented to improve this?
- Are there any food safety issues, including any related to the preparation, transport, storage or serving of food, that you’re unsure of? How will you clarify Service procedures?
- Incidents where a child has been injured must always be documented (Reg 87). Incidents where a child may have been injured must also be documented. Why do you think this is? Do you need to change your practice?

Critically reflect through the eyes of:	Write your critical reflection below	What changes did you or will you make because of the reflection?
<p>a child</p>	Children may struggle to understand the importance of health or hygiene practices, such as handwashing. They might find them tedious or uninteresting. If they observe inconsistency in practicing these habits at home, they may be less motivated to comply.	To improve compliance, educators can make these practices more engaging and fun through interactive activities, songs, or storytelling. Creating a positive and supportive environment where children feel encouraged and motivated to participate can also enhance compliance.
<p>an educator</p>	Educators may face challenges in getting families to comply with health or hygiene practices due to varying cultural beliefs, personal preferences, or lack of awareness. Some families may prioritise different health practices or have different routines at home.	Educators can provide educational resources and workshops to explain the importance of these practices and their positive impact on children's health.
<p>your families</p>	Families may struggle to comply with certain health or hygiene practices due to various reasons, such as time constraints, competing priorities, or lack of knowledge. They might also face challenges if these practices conflict with cultural traditions or beliefs.	Educators should provide clear and accessible information to families, highlighting the benefits and addressing any misconceptions or concerns. Offering flexible options or adaptations that respect cultural values can help families feel more comfortable and willing to comply.
<p>theorist and current research</p>	Applying theories like Social Cognitive Theory or Health Belief Model can inform educators' strategies. Educators can provide consistent modelling, reinforcing positive behaviours, and promoting health literacy among families. Ongoing professional development and staying informed about current research findings can help educators adapt their practices to promote compliance effectively.	Ongoing professional development and staying informed about current research findings (Social Cognitive Theory or Health Belief Model) can help educators adapt their practices to promote compliance effectively.

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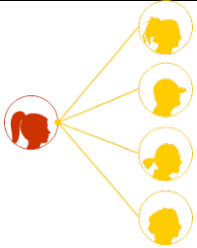
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 <p>an educator</p>		
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 <p>theorist and current research</p>		

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