



Exceeding the NQS

Section 6 - Exceeding – Embedded Practice

Assess your practice first.

Read the below description and evaluate it in relation to your practices.

Exceeding – Embedded Practice

We always confidently respond to children’s changing health needs and events that affect them. Examples include teething babies, mental health, Covid, bullying, anxiety, trauma related to domestic violence, abuse and neglect, death in family (and stillbirth), and new medical diagnosis. We implement changing medical plans and consult with ancillary health professionals such as physios and OTs. If our educators are concerned, we connect families with medical professionals.

If you are doing similar practices to the example, use the below question to help you write your ‘**exceeding practice for embedded**’ description so you can add it to your QIP or SAT (NSW only).

For Exceeding the QIP and Self-Assessment Tool (SAT)
<i>Embedded Practice - Please explain how you and all educators are always responsive to children’s (changing) health needs, and confidently respond to events that affect children’s health needs.</i>

If you and your educators need to learn how to achieve exceeding – embedded practice, proceed here and do below.

The following section outlines the steps to ensure you are exceeding in Embedded Practice. If you have already successfully completed the previous section demonstrating how you are exceeding in Embedded Practice, you do not need to complete this section.

Look at the words in detail to identify what is exceeding.

Please explain how you and all educators are **always responsive to children’s (changing) health needs**, and **confidently respond to events** that affect children’s health needs.

... always responsive to children’s (changing) health needs ... means paying attention to their health and taking appropriate actions to address any changes or concerns. It involves being aware of how their health may be different from day to day or over time and being ready to help them when needed. This could mean getting them medical help right away if something is wrong, regularly checking with their families to catch any problems early, and working with healthcare professionals. It also means listening to and supporting children, helping them understand their own health, and making sure they feel safe and comfortable. Being responsive to their changing health needs helps children stay healthy and feel cared for.

... confidently respond to events ... Means taking prompt actions when situations arise that impact their well-being. It involves being proactive and prepared to address any events or circumstances that may affect a child's health, such as injuries, illnesses, or changes in their health conditions. This response includes having the knowledge, skills, and resources to effectively handle these situations, seeking appropriate medical attention or support, and ensuring the child's safety and comfort.

It is important to ensure that we make it **very clear how these above concepts have created change in your service.**

Please explain how you and all educators are **always responsive to children’s (changing) health needs**, and **confidently respond to events** that affect children’s health needs.

There are various types of responses to children's changing health needs. Some of these include:

Immediate medical attention: When a child's health needs change suddenly or require urgent attention, providing immediate medical assistance is crucial. This can involve seeking emergency medical care or contacting a healthcare professional and families promptly.

Regular health monitoring: This is essential to identify any changes or concerns early on. Usually you see a difference in their behaviour that is unusual.

Individualised care plans: Tailored to each child's specific health needs is the law. These plans outline strategies, and interventions required to address their changing health conditions effectively.

Collaborating with healthcare professionals: Doctors, nurses, speech and occupational therapists, physios, or other specialists, can ensure a comprehensive and coordinated approach to managing a child's health needs.

Educating and empowering children: Encouraging children to understand and take an active role in managing their own health can be empowering. Educating them about their conditions, teaching self-care techniques, and fostering independence and responsibility can help them navigate and cope with changing health needs.

Communication and collaboration with parents/guardians: Maintaining open and ongoing communication with parents is vital to staying informed about a child's changing health needs. Regular updates, sharing observations, and involving parents in decision-making can contribute to a holistic and collaborative approach to care. Again, this is a required part of the law and regulation.

Supportive environment and accommodations: Creating a supportive environment that accommodates a child's changing health needs is essential. This can include physical adaptations, assistive devices, modifications to routines or activities, and ensuring accessibility to necessary resources and services.

Week 18, 12 to 16 June 2023 – 2.1.2 Health practices and procedures

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Emotional and psychological support: Recognising the emotional impact of changing health on children is crucial. Providing emotional support, addressing any anxieties or concerns, and working with parents with facilitating access to counselling or mental health.

Regular review and evaluation: Regularly reviewing and evaluating the effectiveness of interventions, care plans is important. This allows for adjustments and modifications to ensure the child's changing health needs are adequately addressed and met over time.

Your turn. Select a point from above and break it down into the subsections.

Please explain how you and all educators are **always responsive to children’s (changing) health needs**,

and **confidently respond to events** that affect children’s health needs.