



Families



Community  
Links

## Section 8 - Exceeding – Family and Community Links

### Assess your practice first.

Read the below description and evaluate it in relation to your practices.

**Exceeding – Family and Community Links.** We regularly build partnerships with families and the broader community to enhance children’s health outcomes. Examples include partnerships with health professionals (physios, OTs, speech therapists, optometrists, dentists, paediatricians); community organisations (Healthy Harold – Life Education); state healthy eating organisations (Munch and Move NSW, Nutrition Australia); and local council support groups. We help implement behaviour/health plans at home and at the service.

If you are doing similar practices to the example, use the below question to help you write your ‘**exceeding practice for families and community connection**’ description so you can add it to your QIP or SAT (NSW only).

For **Exceeding** the QIP and Self-Assessment Tool (SAT)

#### ***Families and community links***

Please give an example where you and all educators regularly build partnerships with families and the broader community to enhance children’s health outcomes eg by collaborating with health professionals and other support services.

**If you and your educators need to learn how to achieve exceeding – families and community, proceed here and do below.**

The following section outlines the steps to ensure you are exceeding in families and community. If you have already successfully completed the previous section demonstrating how you are exceeding in families and community, you do not need to complete this section.

### Look at the words in detail to identify what is exceeding.

Please give an example where you and all educators **regularly build partnerships with families and the broader community to enhance children’s health outcomes** eg by collaborating with health professionals and other support services.

Please give an example where you and all educators **regularly build partnerships with families and the broader community** Collaboration allows for personalised care, effective health planning, and improved outcomes for children's health. Engaging with the broader community helps educators access additional resources, expertise, and support services that can positively impact children's health and well-being. By working together, educators, families, and the community create a cohesive environment where children's health needs are met holistically, promoting their overall development and success.

#### **... enhance children’s health outcomes...**

Throughout history, there has been a growing emphasis on improving children's health outcomes. In the early 20th century, efforts focused on reducing infant mortality, improving nutrition, and promoting sanitation and hygiene practices. The mid to late 20th century saw increased awareness of social and environmental factors, leading to broader approaches including addressing disparities, preventive care, and educational campaigns. Today, there is recognition of the importance of holistic well-being, encompassing physical, mental, and emotional health. Collaborative efforts between educators, healthcare professionals, families, and communities are crucial in promoting healthy lifestyles, preventing obesity, addressing mental

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health, and providing access to healthcare services. The goal is to give children the best opportunities for growth and long-term well-being.

Now that we have examined the words in detail, we can start exploring what these concepts could look like for you. It is important to ensure that we make it very clear how these concepts have **created change** in your service.

Please give an example where you and all educators **regularly build partnerships with families and the broader community** to **enhance children's health outcomes** eg by collaborating with health professionals and other support services.

#### **Collaborating with Health Professionals:**

This collaboration becomes particularly crucial when a child faces health problems such as asthma, allergies, or chronic conditions. By seeking guidance and sharing relevant health information, educators can work together with health professionals to develop strategies and interventions to manage the child's condition effectively.

#### **Involving Families in Health Planning:**

For example, a child with diabetes may require careful monitoring of their blood sugar levels and meal planning throughout the day. Collaborating with health professionals allows educators to gain insights into managing the child's condition and share practical information and strategies with families.

#### **Organising Health Workshops and Presentations:**

To address health-related concerns and promote better practices, educators coordinate workshops and presentations led by health professionals or community organisations. These sessions cover various topics, such as nutrition, hygiene practices, mental health awareness, or first aid training.

#### **Collaborating with Support Services:**

For instance, a child with speech and language delays may benefit from working with a speech therapist. By collaborating with local support services in children's health and well-being, educators can facilitate access to these services at the centre. This collaboration allows the child's needs to be met, and for families not having to worry about leaving work for appointments.

#### **Engaging Community Health Initiatives:**

These initiatives often involve partnerships with local

health authorities, organisations, or government agencies. For example, community health to organise health screenings for vision or hearing tests.

#### **Regular Health Communication:**

Collaboration with health professionals enhances educators' ability to provide timely updates, reminders for relevant health information to families.

#### **Seeking Parent and Community Feedback:**

For instance, educators invite parents to provide feedback on the effectiveness of a nutrition policy or share ideas for incorporating more physical activity into daily routines. This leads to continuous improvement in promoting children's health and well-being.

#### **Your example. Select a point from above and break it down into the subsections.**

Please give an example where you and all educators **regularly build partnerships with families and the broader community**

... to **enhance children's health outcomes...**  
(Remember, you must show how the ***families or community*** contribution has made a change)

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