



Food, Nutrition and Beverage Policy

- Food and drinks provided must be healthy, meet the nutritional and cultural needs of each child and be consistent with the Australian Dietary Guidelines and Infant Feeding Guidelines
- Food will be safely stored and prepared following procedures in the Health, Hygiene and Safe Food Policy
- Children must have access to safe drinking water at all times
- Children who do not eat at mealtimes or are hungry will be provided with food at other times
- Educators will never use food as a reward or punishment
- Services that provide food will display a weekly menu
- Educators will include learning about healthy food options in the curriculum
- Educators will provide healthy food information to families and encourage them to serve healthy food at home
- Bottles of breast milk or formula will be stored and heated safely following the procedure in this policy.

Do you have any feedback or comments about this policy? Please include below.

Educator's Name	Educator's Signature